

Successful Student Newsletter

Lancaster/Palmyra



Tips for Auditory Learners

- Record classroom lectures.
- Review vocab words by reading their definitions aloud.
- Verbalize things you want to remember.
- Read aloud whenever possible.
- Study with a friend so you can discuss and hear the information.
- Use familiar songs to help you memorize details by substituting the original words.
- Ask your teacher to repeat something when you don't understand it.

Tips for Visual Learners


- Use a highlighter for main ideas and important facts in your textbook or notes.
- Preview a chapter before reading it by looking at the titles, introduction, subtopics, key terms and conclusion/summary.
- Pay attention to graphs, pictures and charts.
- When listening to a lecture, always look at the speaker.
- Sit close to the front of the classroom with a clear view of the teacher and the board.
- Use graphic note-taking methods such as mapping, concept trees or time lines.
- Use flashcards to help you isolate and mentally "see" facts and their order.

Tips for Tactile Learners

- Write vocabulary words on an index card and walk around while reciting them.
- Try to act out words or events with simple gestures that will aid your recall.
- Use a highlighter for main ideas in your textbook to allow your hand to keep moving.
- Try studying in different positions, and change positions frequently.
- Take frequent, short breaks and do something that involves light activity.
- Try writing key terms with your finger in the air, on a smooth surface or in the carpet.
- Whenever possible, "do" your assignments, experiments and projects in an active way.

AUDITORY
HEAR IT 

VISUAL
SEE IT 

KINESTHETIC
DO IT 

Please visit our Little Library in the entrance of the Palmyra Sylvan Learning Center.



Take a book! Leave a book! Enjoy a book!

Get Back In The Routine.

Ease the transition from lazy summer days to the structure of the school year by re-establishing bedtime, mealtime, reading and homework routines. Talk with your child about the importance of structure and how routines help ensure that he is not overtired or overly anxious about schoolwork.

Develop A Family Event Calendar.

One of the most helpful tools for getting organized is a family event calendar used to ease the chaos, track school programs, volunteer work and after-school activities. Family time management is essential if you are going to avoid the tumultuous frenzy of disorganization.



Purchase School Supplies In Advance.

Avoid the last-minute rush by purchasing supplies at least one week in advance. Take your child. She can feel excited and in control by choosing her favorite colors and designs.

Be a Cheerleader.

Encourage your child to share any concerns he has about returning to school. Reinforce positive feelings by talking with your child about learning and achievement. Support his academic interests and encourage him to get involved in extracurricular activities at school.



Ask about our new
Richland Center.

Instructional Hours

Beginning August 22, 2016

Monday: 4:00 – 6:00
Tuesday: 4:00 – 8:00
Wednesday: 4:00 – 8:00
Thursday: 4:00 – 8:00
Friday: closed
Saturday: 8:30 – 12:30



Monday, September 5th – Center Closed
Monday, October 10th – Daytime and Evening Hours
Thursday, November 24th – Center Closed
Saturday, November 26th – Center Closed